

January 19th, 2012



Dear Six Graders & Parents:

As some of you may know each year the Jr. High and High School youth ministry at Faith participates in World Vision's 30 Hour Famine. Youth participate in this event all over the country to raise awareness and money to end hunger and poverty in the world. During the 30 Hour Famine we learn how our faith calls us to be instruments of God's healing love. Attached is a letter that explains the event in more detail.

World Vision suggests that youth under 12 years of age should not fast. Logistically that means that some 6th graders would not be able to participate. Since **all** 6th graders are an important part of Munchies and we believe are mature enough to grow in their faith and be challenged to engage difficult issues, we want to make it possible for **all** of them to participate in this event. We are aware that some 6th graders are already over 12 years old. However, we have decided to use the same guidelines for all 6th graders, no matter their age. This helps to build camaraderie among the 6th grade class and has their well being in mind.

Fasting, although it is a part of the 30 Hour Famine, is not a requirement for the 30 Hour Famine. Therefore, we have composed some guidelines that make it possible for 6th graders to participate. Below are the guidelines. Each parent and student must discuss, sign and return the *6th Grade Consent and Contract* along with the other forms by February 19th.

If you have any questions about these guidelines or the Famine please feel free to contact me via email (pvaughn@faithpresby.org) or 916-428-3439.

Peace in Christ,

Patrick Vaughn,
Assoc. Pastor Youth



6th Grade Consent & Contract

Please discuss and initial with your child the following guidelines for 6th grade participants. As a 30 Hour Famine Participant I promise to:

- _____ Eat a simple dinner Friday night before you arrive at the Famine. Eat something that is healthy and that will sustain you for the evening's activities.
- _____ Abstain from all sweets and desserts during the two days (even when you are at school leading up to the famine.)
- _____ Drink juice during the designated juice breaks.
- _____ Respect those who are fasting by not speaking about the food you eat during the Famine.
- _____ Eat the simple breakfast that is provided Saturday morning.
- _____ Eat only in the designated area.
- _____ Do not bring food or drinks (including gum or candy) to the Famine.
- _____ Do not bring cell phones, I-pods, Mp3 players, DVD players, etc. Patrick will have his cell phone with him at all times for parents to contact if needed.
- _____ Once it is lights out stay in the designated guy and girl areas.
- _____ **Raise at least \$30** and have **at least 7 sponsors** to help those around the world who suffer from hunger, poverty, and a lack of hope.
- _____ It is a primary goal to create a holy and respectful environment for the Famine. If these guidelines are blatantly disregarded it is up to the leaders' discretion whether or not the student will be dismissed from the Famine and go home or is able to participate.

I have no objection to my child participating in World Vision's 30 Hour Famine on March 2nd and 3rd, 2012 at Faith Presbyterian Church.

Signature of Parent/Legal Guardian

I have read the guidelines above with my parent and understand them. I commit to following them during this year's 30 Hour Famine.

Signature of Student